

January

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MONTHLY BIBLE OVERVIEW

>>> PRESCHOOL

Our preschoolers experience a wide range of emotions every day. They feel sad, happy, afraid, nervous, excited—sometimes all in the same hour! Our preschoolers will grow up and experience a lot of different situations and emotions. We want children to know that Jesus is a friend that loves them at ALL times. A friend that will never leave them. That's why, this month, we are talking about THE best friend—the One who is ALWAYS a good friend. Rain or shine, Jesus is always a good friend of mine!

ELEMENTARY <<<

With every season comes new and different challenges but also the chance to experience incredible joy. Through sunshine or rain, storms, and blue skies, seasons and weather are important to growth. How we respond to each season of life helps us grow in maturity and can spur us to a deeper faith in God. This is especially true when it comes to our emotions. Just as seasons come and go, so do our emotions. And how we choose to handle those emotions can shape us and teach us a lot about how God cares for us. No matter what emotion we may be feeling or what we may face, because of Jesus, we can learn to trust that God knows how we feel.



>>> Christmas season Highlights



What a wonderful Christmas season we had at Central Heights and within Kids Ministry! We loved hearing how many of you enjoyed the Advent Boxes, having fun with others at our Family Fun Night event (see photos throughout the newsletter from this), and everyone together at the Christmas Eve service. We hope you got to spend some quality time with friends and family as well as learning more about Jesus this past month.



>>> Parent/Guardian Feedback Form

Last month we sent a parent/guardian feedback form and would love to hear from more of you still! See the link in the body of this email to access it. We want to serve you and your family better each year so please take just a few moments to let us know what is working well and what other ways we can serve you. Thanks!



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>>> New Serving Opportunity! <<<

As we step into 2025, maybe you and your family want to serve more! Two ways we already have mentioned before are Sunday mornings in Kids Church and Wednesday evenings with Starfish.

A new opportunity for those who might have different schedules is some Saturday mornings! Our church is participating with Archway to host a food bank and they need some helpers. Below are a few details.

WHERE: We will be in the Gym at Central Heights Church.

WHEN: Our location will run every 3rd Saturday of the month from 10:00-11:30am.

WHO: We will be serving primarily South Asian families. There are already 40 families signed up and that number will increase over the months!

HOW: We will be handing out food using a 'shopping model.' This method allows clients to have some choice about which items are in their hamper.

What to expect as a volunteer: Volunteers would come and set up around 8:30am and things would be wrapped up by 12:30pm or a bit sooner. Set up includes tasks such as bringing out the tables, setting up the hamper items on the tables, setting up a tea and coffee area, handing out the food to the clients, interacting with clients and their families, cleaning up from 11:30am-12:00pm. You do not have to sign up for every month as it is flexible scheduling.

Feel free to email Lorelle (lharper@centraleheights.ca) or Annika who heads this up (abergen@centralheights.ca) for more information.

LEADER SPOTLIGHT

Lorne & Charlotte Johnson Grade 4/5 and Grade 1 Leaders



Favourite Bible Verse:

Lorne: Psalm 91:1 or John 1:12

Charlotte: Philippians 4:6-7

Favourite Hobby:

Lorne: Ham Radio

Charlotte: Puzzles

If you could travel anywhere in the world, where would you go?

Lorne: BC!

Charlotte: Denali Park, Alaska

If you could instantly master any skill, what skill would you choose?

Lorne: Drummer

Charlotte: Fantastic piano player



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